

What is the Medical Reserve Corps?



MRMRC Coordinators, Jan Lounsbury, RN, and Mike West, along with MRMRC Director, Bill Bradley meet with Captain Tosatto at the Region IV MRC Meeting in Orlando, FL. (staff photo)

The Mountain Regional Medical Reserve Corps is a team of volunteer health care professionals and auxiliary staff who are trained to respond and assist the local emergency responders and public health professionals in the seventeen counties comprising the Western North Carolina Region.

- The Medical Reserve Corps allows experienced **health professionals and others** to volunteer their expertise in times of need.
- Medical Reserve Corps Units consist of **locally based professional medical volunteers who can assist their communities during emergencies.**
- Medical Reserve Corps volunteers may also provide **education and prevention** services to improve the health and well-being of their neighborhoods and communities.

Contact your Mountain Regional MRC Unit Coordinators:

Jan Lounsbury, Coordinator – Contact Jan if you live in the counties of Avery, Buncombe, Henderson, Madison, McDowell, Mitchell, Polk, Rutherford, or Yancey.

Office Phone: (828) 689-5006
Cell Phone: (828) 380-2171
E-mail: mrmrc2@yahoo.com

Mike West, Coordinator – Contact Mike if you live in the counties of Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain, Transylvania, or the Cherokee Reservation.

Office Phone: (828) 667-1912
Cell Phone: (828) 273-3442
E-mail: mwest_mrc@yahoo.com

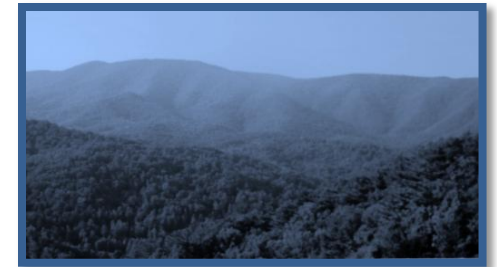
Bill Bradley, Director, MRMRC – Contact Bill for any other questions or concerns at:

Hearts With Hands, Inc.
P. O. Box 6444, Asheville, NC 28816
Office Phone: (828) 667-1912
Toll Free Phone: (800) 726-9185
Toll Free:
Fax: (828) 667-1906
Email: mrmrced@gmail.com

Volunteer Registration in NC is done through the SERVNC website: www.servnc.org
Additional Websites:
www.medicalreservecorps.gov
www.matrac.com
www.heartswithhands.org/mrmrc.asp



“volunteers building strong, healthy, and prepared communities”



“The first response to any disaster is a local response.”

The **MRMRC** is looking for team members ready to lend their professional and non-professional skills.

The Mountain Regional MRC is a volunteer team of medical, non-medical, public health, and selfless citizens willing to serve their communities and neighbors in times of need.

Photographs appearing in this brochure were taken in western North Carolina in Madison County and all volunteers are with the MRMRC and aligned organizations. (HWH Staff Photos)



Combined agency briefing during May West FTX. (HWH Staff Photo)

Who Can Volunteer With MRMRC?

Practicing, retired or otherwise employed medical professionals, such as, but not limited to:

- Physicians
- Physician Assistants
- Nurses
- Dentists
- Pharmacists
- Veterinarians
- Paramedics and EMTs
- Mental Health Professionals
- Public Health Professionals
- Respiratory Therapists
- Epidemiologists
- Radiologic Technologists

Community members without medical training can also play a vital role in the MRC, such as:

- Carpenters
- Translators
- Clergy/Church Workers
- Computer Programmers
- Administrative Assistants
- Amateur Radio Operators
- Public Works Personnel
- Forklift and Equipment Operators
- Truck Drivers *and many others...*



MRMRC volunteers training at the "May West" Field Training Exercise in Hendersonville. (HWH Staff Photo)

Reserve Corps Training

Training for MRC members will vary and may include CPR/First Aid, triage, local emergency procedures, disaster response, Incident Command System and community health education.

Training is provided by MRC Coordinators or by the N. C. Community College System and will normally be free or at a minimal charge.



The Mountain Regional Medical Reserve Corps serves the following WNC counties: Avery, Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey, and the Cherokee Reservation. Due to the vastness of the area, the MRMRC utilizes a regional service approach.



Frequently Asked Questions



- What kind of tasks will I be assigned? *You will perform duties that match your background, skills, expertise and licensure.*
- Am I required to report for duty at the time of an emergency even if my employer or family needs me? *No, your participation is voluntary. You will not be asked to serve outside of your community unless you choose to do so.*
- How will I be contacted in an emergency? *Via phone, e-mail and /or fax*
- Are there any provisions for compensating me for time lost from work or other expenses? *No, your services are voluntary.*
- What will be my level or length of volunteer commitment to Mountain Regional Medical Reserve Corps? *Your level and length of commitment is completely up to you.*
- Do MRC Volunteers receive training? *Yes, all MRC volunteers are required to complete the Core Competencies of Reserve Corps Training.*
- How is the MRMRC structured? *The MRMRC is sponsored by Hearts With Hands, Inc., a 501 (c) 3 disaster relief charity aligned with local, state, and national emergency responders in an effort to mitigate disasters, provide public disaster education; prevent loss of life and minimize injuries; and to ultimately eliminate suffering.*

RIGHT----- Equipment is being constructed in the dark and under limited lighting conditions. This assures the MRC personnel will be capable of completing their tasks during unfavorable or non-optimal conditions. (HWH Staff Photo)

